

BUGLE





The best activities guide around!

SEPTEMBER 2005



Gourmet Night

Friday, 30 September, 7 - 9 pm \$50 per person pays for it all!

Fabulous cuisine and wine to tempt any pallet. Pick up your ticket at the cashier's window. Seating is limited. For more information, 263-4133.

"See the Bugle for the advertisement".

September 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 UPCOMING EVENTS: • Ekiden - 2 October • Army Soldier Show - 2 October • Community Night - 14 October • Newcomer's Orientation - 18 October • Trout Derby - 22 October • Zama Golf Open - 22 and 23 October 				Breast Feeding Support Group Meeting ACS	70's and 80's Old School Music w/DJ Sagami Lounge Shower Valley Walk Tour BAZAAR —	Matsumoto Castle and Zenkoji Temple Sumo Stable Tour - "Back to School" Middle School Dance YS Labor Day 5K Fun Run Sports
Sunday Brunch and Shopping Tour Variety 2005 Autobacs Super GT at Motegi CZCC Tour King of the Hill Tournament Bowling	Taisoji Temple Zen in Sugamo Tour Aichi Exposition Tour Tokyo Disneyland/DisneySea Tour	PAYS Meeting YS Sports Family Night Dinner CZCC	• Mongolian BBQ CZCC	Pre-deployment and Readiness Training ACS Deployment Readiness Support Group Training ACS Nichibei Friendship Golf Tournament	Parents Night Out Zama CDC Country Music w/DJ Sagami Lounge Harlem Globetrotters Yano Community Night CZCC	O - Oedo Evening Onsen Monogatari Tour - Seto Pottery Festival Tour Tour - 7 Person Soccer Sports High School Dance" YS
Baseball Game in Yokohama Tour Teacher's Training Chapel Kamogawa Sea World Tour	12	SHA CDC PAC Meeting Family Night Dinner CZCC Specialized Training of Military Parents ACS ————————————————————————————————	Zama PAC Meeting Mongolian BBQ CZCC Ladies Day and Mechanics Club Auto Crafts	• Parent Advisory Council Meeting SAS	• *70's and 80's Old School Music w/DJ Sagami Lounge • "Six Grade Happening" YS • SHA CDC Open House • Horseback Archery Festival Tour	Men's Breakfast Fellowship CZGC "Cultural Exchange" YS Football and Cheerleading Coaches Tailgate Party YS Sports
Nikko Edo Mura Oedo Antique Fair	"Parenting SHA CDC Workshop ACS Resumes He sumes He sume	• Family Night Dinner CZCC • Newcomer's Orientation CCC	Ladies Day Auto Crafts Mongolian BBQ CZCC Medical Morning and Community Tour ACS	• Train Class Part I ACS • "Baby Love Seminar" ACS • English Teachers Network Meeting ACS	Shopping on the Economy ACS Country Music w/DJ Sagami Lounge	• Train Class Part II ACS • Xtreme Bowling Party • Country Band and DJ CZCC • Ueno Zoo and Park Tour
Fukuro Matsuri in Ikebukuro Tour Invitational Volleyball Tournament Sports Yokohama Lunch Cruise and MM21 District Tournour.	26	• Family Night Dinner CZCC	Learn to Golf Adult Classes CZGC Mongolian BBQ CZCC	29	*70's and 80's Old School Music w/DJ Sagami Lounge *Gourmet Night CZCC *Payday Scramble CZGC	• Fujikyu Highland Tour YS





The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation, and

are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



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THIS MONTH'S COVER

This month's Bugle cover photo features cheerleader 7 year old Ashton Osborne, daughter of Mr. and Mrs. Fred Osborne of Camp Zama. Ashton is a 2nd grader at Arnn Elementary School. The cheerleader's coach, LaJuan Osborne, is helping Ashton with one of the cheerleading positions. Camp Zama Youth Sports and Fitness Cheerleading coincide with the Youth Sports football and basketball season. Thanks to our experienced coaches, the cheerleaders portfolios are cutting edge but yet age appropriate. Their arsenal includes traditional cheers, dance routines and gymnastic type movements. The football season game dates are 13 August to 17 September and 21 January to 18 March 2006 for basketball. Due to the number of participants, the age groups are divided accordingly. At the end of the basketball season the cheerleaders participate in a Kanto Plain Cheer Tournament. Camp Zama's cheerleading program is the pride of the Kanto Plain. For any questions concerning Youth Sports and Fitness Cheerleading or other programs, contact 263-5437/5991 or 3424.

Photo by Mr. Richard Haun, technical enhancement by Hideko McKeta.



■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily Mass. Blessed Sacrament Chapel

Sundays, 9:15 am, Mass, Zama Chapel

Childcare is provided for children up to 36 months from 9 - 10:30 am at Bldg. 502. (building next to the chapel parking lot).

Sundays, 11 am, CCD, Religious Education Center

2nd Friday, 7 pm, Our Lady's Rosary Makers, Religious Education Center

PROTESTANT SERVICES

Sundays, 9 am, Sunday School / Team-Kid, Religious Education Center

Sundays, 11 am, Worship Service, Zama Chapel

A nursery is provided for children up to 36 months at Zama CDS, Bldg. 502, during the time of Sunday Services only.

Sundays, 5:30 pm, Youth Group, Chapel Annex

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel

Sundays, 10:30 am, Worship Service, Sagamihara Chapel

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, SHA Chapel

SEVENTH DAY ADVENTIST SERVICES

Saturdays, 9:15 am, Sabbath Worship Service, Zama Chapel

Wednesdays, 6:30 pm, Prayer Meeting Service

Fridays, 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

JEWISH SERVICES

2nd and 4th Friday, 5:30 pm, Yokosuka Naval Base Chapel, LTJG Pilatto at 243-6477.

ECKANKAR

An introduction to Eckankar, religion of the light and sound of God, at the Religious Education Center. Call Sue at 267-6227 for more information.

BUDDHIST SERVICES

(Soka Gakkai International) *Mondays and Fridays*, 7 pm, discussion and meditation, SHA Chapel,

contact Mr. Fulford at 046-257-0613 or Mr. Connie Slade at 268-4974.

ON GOING BIBLE STUDIES

Wednesdays, 6 - 8 pm, Protestant Women of the Chapel (PWOC) Bible Study, Zama Chapel, Carleen Dunn at 267-6275

Thursdays, 9:30 am, PWOC Bible Study, Carleen Dunn at 267-6275

CHAPEL ACTIVITIES IN SEPTEMBER

11 September, 11 am, CCD Teacher's Training.

17 September, 6:30 am, Men's Breakfast Fellowship, Zama Golf Course.

18 September, CCD starts.

The Zama Chapel community has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, music programs). If you desire more information, please call the chapel at 263-4898.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

(The Mormons)

Sunday Services, 2 - 5 pm at the LDS Chapel on Highway 16. **Tuesday Night Youth Service**, 7 pm at the SHA Chapel.

uarters Beautification Competition

Awards presentations for this month's Quarters Beautification Competition (QBC) will be on Friday, 19 September, at the winner's quarters.

- For those of you who are new to the area, or have not participated in the past, three awards are presented for each
 of these areas: Camp Zama, Sagamihara Housing Area, Sagami Depot, the High Rises, and single Soldier quarters.
- For more detailed information concerning participating and the judging, please phone 263-5550.

■ Army Community Service • 263-8327

nformation and Referral (I&R) provides information and maps on local, public, private and voluntary agencies and organizations on Camp Zama, military installations throughout Japan, as well as the local Japanese economy. I&R also conducts initial customer assessment of a general and personal nature and provides confidential client intake services, crisis intervention, and referral and follow-up assistance. For more information, contact Glen Steward at 263-4572.

RELOCATION READINESS, 263-2382

• Medical Morning and Community Tour

Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory to receive over the counter medications, is also given during this briefing. The briefing will be held on 21 September in the ACS Community Room, 8 - 11 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The IN/OUT Processing Office (263-4122) will schedule attendees for this program. A community bus tour will be conducted immediately following the briefing. All newly arrived personnel are encouraged to attend. Lunch will be provided. The tour is scheduled from 11 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

• Newcomer's Train Class Parts I and II

Part I will be held on Thursday, 22 September, 6 - 8 pm, in the ACS Community Room, Building 402. Get out and see Japan! This class will teach you how to read the signs

in the stations, buy train tickets, and more.

Part II will be conducted on Saturday, 24 September, at 9 am. Join us as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

• English Teachers Network

This month's English Teachers Network will meet on 22 September, noon - 1 pm. Find out how to recruit students, what fees to charge, where to buy materials, and meet with others who have experience teaching.

• *Shopping on the Economy*

On 23 September, join our Japanese experts as they show you where to shop. They will provide a guided tour of a local supermarket and take the group on a short train ride to Machida. Bring ¥400 for transportation and extra for purchases. Departs from Gate 4 at 9:45 am. Children are welcome.

• English Language Class

Want to improve your English Language skills? A Basic English Language class is held every Monday from 10 am - noon in the ACS Outreach Room, Bldg, 402.

• Japanese Language Class

Are you frustrated when you go out the gate and can't communicate in Japanese? Come and join our class! Classes are taught by a native Japanese speaker and are held on Wednesdays from 10 am - noon at the ACS Outreach Room, Bldg 402. Sign up by calling 263-2382.

• Sponsorship Training

Learn how to be an effective sponsor. Sponsorship training is held the 2nd Thursday of the month at ACS from 1:30 - 2:30 pm in the Outreach Room. This training is mandatory for Soldiers and civilians who are assigned as sponsors. Unit training is available upon request by calling 263-2382.



Knitting Class

ACS offers a knitting/crochet class every Tuesday from 9:30 - 11:30 am at the ACS Outreach Room, Bldg. 402.

MOBILIZATION AND DEPLOY-MENT PROGRAMS, 263-8089

• Unit Mobilization/Deployment Readiness Training

Today's Army recognizes that family readiness is inseparable from unit readiness. ACS has several Operation R.E.A.D.Y. (Resources for Educating about Deployment and You) training modules and reference materials available for training Army Soldiers, civilian employees and their families who are faced with deployment. Call 263-5550 to schedule your training.

• Pre-deployment and Ongoing Readiness Training

This training is designed to help all deploying military, civilians, and their families prepare for a less stressful and more successful deployment. ACS offers this training the 2nd Thursday of the month from 3 - 4 pm in the ACS Outreach Room.

• Deployment Readiness Support Group

If your spouse is deployed, then Army Community Service is looking for you! ACS conducts a support group for family members of deployed Soldiers and civilian employees to help deal with the pressures and frustrations accompanying lengthy separations. The support group is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg. 402.

• AFTB, 263-5550

Army Family Team Building, Levels I, II, and III are available online? Just log onto www.aftb.org and register.

• AFAP, 263-5550

Have an issue or suggestion on how to improve the quality of life for the community? The Army Family Action Plan wants to hear about it! Just log onto http://

www.mwrjapan.jp.pac.army.mil/and click on "Submit a 2006 AFAP

Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

• AER/Financial/Employment

For all your financial and employment needs, please call Mr. Timothy Toney at 263-8091.

FAMILY ADVOCACY PROGRAM, 263-4782

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse. The prevention of family violence is a community responsibility which includes awareness, education, and intervention in high-risk situations. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement etc., contact the Family Advocacy Program at 263-4782.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002.

EXCEPTIONAL FAMILY MEMBER PROGRAM

The Camp Zama Exceptional Family Member Program (EFMP) is happy to announce and sponsor a workshop presented by the Specialized Training of Military Parents (STOMP) on September 13 - 14, in the ACS Community Room. STOMP is a parent directed organization who works with families, individuals with disabilities, professionals and community members in all walks of life and with all types of disabilities. Come and attend this workshop which promises to provide a wealth of information for families with special needs. To register for the workshop or for more information, contact the EFMP Coordinator at 263-4785.

COMMUNITY LIFE OFFICE, 263-5550

• Volunteer Information

Would you like to learn new skills, meet new people and explore new career fields? Then you may want to enter the exciting world of volunteerism. Call 263-5550 for more information.

• Community Information Exchange (CIE)

The Community Information Exchange is held monthly and it enables community leaders, command spouses, FRG representatives, unit representatives, organization leaders and any military or civilian who would like to attend to come together to share information. For the September meeting, please phone 263-5550.

New Parent Support Program (NPSP)

The NPSP specializes in assisting and offering services to new and expecting parents.

- Play Morning is an interactive playgroup for parents and children birth to 6 years and is offered every Tuesday at Zama Chapel Child Care Center from 9:30 - 11 am, and every 2nd, 3rd, and 4th Thursday at SHA CDC, from 9:30 - 11 am.
- Tuesday, 27 September, Play Morning is cancelled.
- NPSP sponsors the Breast Feeding Support Group on the 1st Thursday of every month from 9:30 - 10:30 am in the ACS Building Outreach Room.
- This month's "Baby Love Seminar":
 Managing Your Child's Financial Future, 22 September, during the SHA CDC Play Morning
- This month's "Parenting Workshop": Child Growth and Development (birth to 6 years), 19 September, 9 - 10 am, in the ACS Outreach Room. Call by 16 September to register.

he jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings the jacuzzi is closed for maintenance.

■ Sports Office • 263-3954/4664

INTRAMURAL FLAG FOOTBALL

Intramural flag football will start in mid September. Units and organizations in the Camp Zama, Sagami Depot, and Sagamihara Housing Area are eligible to enter. Entry deadline is Monday, 5 September, 5 pm. Individuals desiring to participate whose unit or organization does not have a team may enter the players pool. For additional information, call Andy Abear. 263-7980.

INVITATIONAL VOLLEYBALL TOURNAMENT

There will be a Camp Zama Invitational Volleyball Tournament, Sunday, 25 September, 10:30 am, at the Yano Fitness Center. The event is open to all varsity level teams (18 years of age and older and not in high school). The type of competition will be determined by the number of teams entered. The entry deadline is Monday, 19 September, 5 pm. There will be a men's and women's division. The tournament is free. Teams will officiate all games. For additional information, please call Andy Abear, 263-7980.

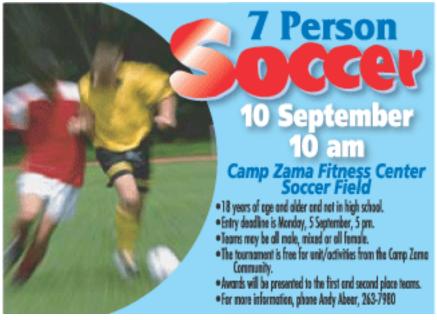
YOGA. "H Hatha Yoga Mondays, sic and Th 505, and W at Army C cost is \$6 month (M Sign-up at

YOGA. "HATHA YOGA"

Hatha Yoga is now being offered on Mondays, 5 - 6:30 pm, at the Music and Theater Workshop, Bldg. 505, and Wednesdays, 5 - 6:30 pm, at Army Community Service. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk, 263-4664.

JAPANESE SEITAI MASSAGE

Therapy with "Yukari" on Fridays, 5:30 - 8:30 pm, and on Sundays, 11 am - 6 pm. Call the front desk at





263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

MASSAGE THERAPIST

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days available are Tuesdays - Saturdays (first appointment is 10:30 am and the last appointment is 4 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

THE TANNING BOOTH AND AQUA MASSAGER ARE AVAILABLE FOR USE:

- *Tanning Booth*: \$2.50/visit, \$20 for 10 visits, \$35 for 20 visits.
- *Aqua Massager*: \$5 for 15 minutes

AQUATICS, 263-5656

• Pool Party Reservations

If you are considering a pool party at any of the pools, please submit a "Pool Party Reservation Request" to the Yano Fitness Center no less than two weeks in advance of the date being requested. Three weeks in advance for after-hours parties is preferred. Forms are available at the Yano Fitness Center. Forms can be e-mailed to you upon request. Open dates can be verified by phone. Reservations are official once the form has been submitted, date and time confirmed for availability, staffing availability, and it is signed by the Aquatics director. All applicable fees apply.

• Training Reservations for the Swimming Pool

If you are considering utilizing any of the pools for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the aquatics director at Yano Fitness Center. For reservations, submit the reservation request preferably two weeks in advance but NO LESS THAN one week in advance. Forms can be e-mailed upon request. Open dates can be verified by phone. Reservations are official once the form has been submitted, date and time confirmed for avail-

ability, staffing availability, and it is signed by the aquatics director. Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (FREE for Soldiers during PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball. For information, contact Kimberly Bailes at 263-5656.

POOL HOURS

Yano Indoor Pool:

263-5037/5656

Monday - Friday: 0600 - 1800 Saturday, Sunday, Holidays: 1000 - 1800 (unless otherwise posted)

SHA Outdoor Pool: 267-6122/263-5656

last day for SHA Pool is 5 September

Monday, Tueday, Friday: 1200 - 1800 Satarday and Sunday: 1100 - 1800 Wed and Thu: Closed

Fall Learn-to-Swim

The "Fall Learn-to-Swim Program" will begin in October. Registration is taken at the Yano Fitness Center. Registration deadline is the Wednesday prior to the start of the session. Youth and adult classes are offered. See flyer for specific details: locations, dates, times, and levels offered. Some dates may change or vary. Classes may be cancelled based on staffing availability and/or participation at specific locations, times, and levels.







For more information, contact Kimberly Bailes at 263-5656/4664.

■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

YOUTH SERVICES HIGH SCHOOL LEADERSHIP • Keystone Club

is a high school leadership group who creates and maintains high standards of health, education, character and citizenship for teens to develop into responsible, productive adults. The Keystone Club offers teens the opportunity to: develop and use leadership skills; contribute to the community through service and volunteerism; foster understanding and respect between groups and individuals; learn life skills and information to live a responsible, fulfilled life; understand and participate in the free enterprise system through fund raising activities; enjoy fellowship and develop self-confidence. The Keystone Club meets twice a month at the CZ Youth Center.

• The Tech Club

is open to all youth services members and meets on Tuesdays at 3:30 pm in the Tech Lab. With professional equipment and software, Tech Lab members learn life skills and get hands-on experience by making, editing and producing video commercials, having photo shoots, cre-

ating web pages and web sites, and producing graphic designs.

• Torch Club

is a middle school leadership group designed to assist girls and boys in becoming productive citizens. The Torch Club consists of an adult advisor and 6 - 15 boys and girls. Torch Club members learn that they can make a difference in the world by taking an active and responsible role in setting the direction of their own lives. By helping others, they experience the gratification and self-esteem that comes with being wanted and needed. The Middle School Torch Club meets Mondays at the CZ Youth Center.

• The Camp Zama DJ Club

is a high school leadership club which promotes music as a fine art. The DJ Club learns and discusses the different types of music available to youth today. The club also practices and masters the youth center's state of the art DJ equipment to prepare for all MS and HS dances. HS DJ Club members are required to mentor MS youth. The DJ Club meets every 2nd and 4th Monday of the month at the Camp Zama Youth Center.

f you are interested in becoming a member of the youth center's many clubs such as the Keystone Club (9 - 12th grades), Torch Club (6 - 8th grades), Tech Club (6th - 12 grades), or the DJ Club (7 - 12th grades), phone 263-4500 for more information. You can make a difference in our community and in the youth program.



SCHOOL AGE SERVICES (SAS) School Age Services offers Before and After School Care for working parents in the community. SAS staff offers a wide variety of activities to meet the needs of children ages 6 - 12. We include 4-H curriculums and Boys & Girls Club Programs in our standards, SAS has a state of the art computer lab, and also helps children with their home work after school. SAS Parent Advisory Council meets every third Thursday each month in Bldg 337, at 5 pm. We invite all parents to come out and support your SAS program. Anyone desiring to register please go to the Resource and Referral Office located in Bldg 533. Registration is in process. If you have any questions, please contact Resource and Referral at 263-4125. BOYS & GIRLS CLUBS

■ Child Development Center · 2676564

SAGAMIHARA HOUSING AREA

- 2 *September* SHA CDC Closed, Training Holiday.
- 5 September SHA CDC Closed, Labor Day.
- SHA CDC PAC Meeting (for patrons only) will be held on Tuesday, 13 September, 4 4:45 pm, at the Sagamihara Housing Area Child Development Center. For more information, phone 267-6564/263-5723.
- 16 September SHA CDC Open House, 11 am 1 pm.
- 19 September Part Day Preschool resumes, 8 11 am.

For more information, please call Maricel Henson, 267-6348.

ZAMA CHILD DEVELOPMENT CENTER

• Parents Night Out

Friday, 9 September, 6:30 - 11:30 pm. • PAC meeting at Zama Child Development Center, Wednesday, 14 September, 3:30 - 4:30 pm.

For more information, please call Betty Huebner, 263-8081.



Youth Center September Activities

The Zama Youth Center will provide transportation to all Zama High School away games in the Kanto Plain area. Come out and support your Zama Trojans football teams. The football schedule will be published soon.

"Back to School" middle school dance - 3 September

The Camp Zama Youth Center will be sponsoring a "Back to School" middle school dance for all 7th and 8th graders. There will be lots of food, fun and games. Transportation will be provided from Sagami Depot, SHA Commissary, and the Atsugi Theater. The cost is \$2.

"Back to School" high school dance - 10 September

The Camp Zama Youth Center will be sponsoring a "Back to School" high school dance for all 9th thru 12th graders. There will be lots of food, fun and games. Transportation will be provided from Sagami Depot, SHA Commissary, and the Atusqi Theater. The cost is \$2.

• "Six Grade Happening" - 16 September

Plan to attend and enjoy the first "6th Grade Happening" of the school year. There will be lots of food, fun and games. Transportation will be provided from Sagami Depot, SHA Commissary, and the Atsugi Theater. The cost is \$2.

• Cultural Exchange" - 17 September

Come out and enjoy a day of cultural exchange with our quarterly "Youth to Youth Event" at the Zama City Sports Arena from 10 am - 2 pm. Call Mr. Chance at 263-4066 for more information. If you are new to Camp Zama, this is a great way to get involved with Japanese teens.



Camp Zama Community Club

• 263-4133

heck out Cafe' Roberto's!!! Sandwiches, salads, nachos and pizza are available for your eating pleasure.

Sunday, 4 September, in the Firelight Lounge, 8 pm - 1 am, Variety Music w/DJ.

Friday, 9 September, 5 - 8 pm, is "Community Night" in the Firelite Lounge.

■ EDA'S SEAFOOD AND FILET

Check out Eda's new menu. A touch of elegance featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

■ BINGO NIGHT

More games and more money to pay out. Progressive SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up one number. On Thursday, cards go on sale at 6 pm, the game starts at 7

pm, and on Sunday cards go on sale at 5 pm, the game starts at 6 pm. Every Thursday and Sunday nights try our terrific games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our large cash payout. But, you will never know unless you come out. Don't worry about dinner; you can eat while you play.

■ USA SUNDAY BRUNCH

Open 10 am - 1:30 pm. adult: \$12.95; youth (8 - 12) \$4.95; youth (4 - 7) \$2.50; and youth (3 and under): Free

■ MONGOLIAN BBQ

Every Wednesday in the ballroom, 5 - 9 pm, with modified menu. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

• Firelite Lounge

Thu Variety Music 8 - 11 pm Fri Karaoke 7 - 10 pm Hip Hop

10 pm - 3 am

Sat Country

8 pm - 2:30 am







LUNCH

Sunday

Sunday Brunch (10 am - 1:30 pm)

Adult: \$12.95

Youth 8 - 12: \$4.95

Youth 4 - 7: \$2.50

3 and under: Free

Monday - Closed Tuesday

- 6 Baked Herb Chicken
- 13 Spanish Chicken
- 20 Beef Potato Croquettes
- 27 Sausage and Sauerkraut

Wednesday

- 7 Grilled Ham Steak w/Pineapple Sauce
- 14 Sliced Roasted Turkey w/Stuffing
- 21 Marbou Nasu
- 28 Hot Roast Beef Sandwich

Thursday

- 1 Marbou Tofu
- 8 Stuffed Cabbage Roll
- 15 Pork Curry
- 22 Menchi Cutlet
- 29 Spicy Stir Fry Pork w/Vegetables

Friday - Smorgasbord

- 2 Baked Meat Loaf
 - Baked Chicken
 - Macaroni and Cheese
- 9 Teriyaki Chicken
 - Sweet Sour Meat Balls
 - Rice
- 16 Mexican Chicken
 - Beef Taco Bar
 - Mexican Rice
- 23 Fried Chicken w/Vinegar Soy Sauce
 - Honolulu Chow Mein
 - Fried Rice
- 30 Baked Tuna Noodle Casserole
 - Fried Chicken
 - Mashed Potatoes

Saturday - No Lunch

ALL YOU CAN EAT ALL AMERICAN STYLE BUFFET

Friday, 16 September

Only \$17 per person

DINNER MENU

Sunday

- 2 for 1 Steak Night
- Limited Menu
- Fine Dining

Monday - Closed Tuesday

- Limited Menu
- Family Night Dinner (Any two meals for \$15)
- Includes Soup and Salad Bar
 - 6 Taco Rice
 - Beef Stroganoff
 - Roasted Chicken
 - Sliced Roast Beef
- 13 Bulkogi
 - Marbou Tofu
 - Roasted Chicken
 - Chicken Fajita
- 20 London Broil
 - Roasted Chicken
 - Pork Adobo
 - Tandoori Chicken
- 27 Fried Fish Fillet
 - Mock Fillet
 - Roasted Chicken

DINNER MENU

• Pasta Vongole

Wednesday

- Mongolian BBQ
- Limited Menu

Thursday

- Limited Menu
- Fine Dining
- All You Can Eat Pizza, plus Pasta Bar and Salad Bar (\$9.95)

Friday

- Fine Dining
- Regular Menu
- Chef's Special
- 9 USAR-J Community Night
- 16 All You Can Eat

All American Style Buffet

30 Gourmet Night (Eda's)

Saturday

- Fine Dining
- Regular Menu
- Prime Rib Dinner
- 6oz Prime Rib and Shrimp Scampi (\$12.95)
- 24 Country Band w/DJ

OTHER EVENINGS IN THE USA DINING ROOM

- Chef's Special on Friday evenings plus regular menu.
- · Prime Rib and Seafood Combo on Saturday.
- 2 for 1 Steak Night every Sunday (good for "steak of the night" only)
- Our regular menu will be offered in addition to the above specials on Saturday night and modified menu on Sunday nights!

"See the Bugle for the advertisement".

ry our newest on-line research tools: Expanded Academic ASAP, The History Resource Center, and Morningstar.com to find the information you need. Stop by the library and discover a world of information at your fingertips.

Volunteer Needed!!!
Interested in being a
volunteer storyteller at
SHA Library? Please
call 263-5267.

■ Community Libraries • 263-3517

E-BOOKS

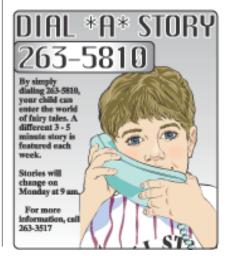
Read, browse or check it out. Over 2,000 titles are available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or at home. Stop by the Zama, SHA or Depot Library to apply for a personal E-book account today. We require 24 hours to set up an account.

NEW MCNAUGHTON BOOKS

- The Closers by Connelly, Michael (Bestseller)
- 1776 by McCullough, David (Bestseller)
- 4th of July by Patterson, James and Paetro, Maxine (Bestseller)
- Harry Potter and the Half-Blood Prince by Rowling, J. K. Rococo by Trigiani, Adriana (Bestseller)
- Act of War by Brown, Dale
- Genevieve by Dickey, Eric Jerome
- Secrets of Millionaire Mind by Eker, T. Harv
- The Truth About Hillary by Klein, Edward

- The Truth About Love by Laurens, Stephanie
- Appaloosa by Parker, Robert B.
- Vanishing Acts by Picouly, Jodi
- Lie by Moonlight by Quick, Amanda
- Ya-Yas in Bloom by Wells, Rebecca

Check out our web site: http://www.usarj.army.mil/information/zama/mwr/library/index.htm





 $\hbox{``See the Bugle for the advertisement''}.$

ednesday

night is family night (movie for adults and youth).

Sagami Lounge will be closed on Monday, 5 September, for Labor Day



l Sagami Lounge • 268-4954/4847 Orders: 268-4142

LUNCHES

MONDAY

- 5 Closed
- 12 Hungarian Baked Chicken
- 19 Chicken Fajitas
- 26 Chicken Cordon Bleu

TUESDAY

- 6 Beef Soft Tacos
- 13 All-U-Can Eat Mexican Buffet
- 20 Picata of Rolled Pork
- 27 All-U-Can Eat Italian Buffet

WEDNESDAY

- 7 Pork Cutlet w/Tomato and Cheese Sauce
- 14 Lasagna w/Garlic Bread
- 21 Stewed Pork w/Rice
- 28 Tendon Shrimp Tempura on Rice

THURSDAY

- 1 Meatball Stroganoff w/Garlic Rice
- 8 Hamburger Steak Pompadore
- 15 Chicken Taco Rice Okinawa Style
- 22 Hamburger Steak w/Mushroom Sauce
- 29 Spanish Meat Loaf

FRIDAY

- 2 Seafood Gratin w/Spaghetti
- 9 Fried Seafood Platter
- 16 Shredded Chicken w/Chili Sauce
- 23 Deep Fried Catfish
- 30 Tandori Chicken (Indian)

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 6 Mexican Dinner Special
- 13 BBQ Dinner Special
- 20 Japanese Dinner Special
- 27 Pizza and Pasta Dinner Special

WEDNESDAY NIGHT

Family night movies for adults and youth (7, 14, 21 and 28 September regular dinner menu).

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 1 Japanese Dinner: Japanese Style Fried Chicken
- 8 Italian Dinner: Beef Steak w/Balsamic Sauce
- 15 Chef's Choice: Salmon En Crout w/Chicken Katsu
- 22 French Dinner: Beef Cutlet Ligeoise
- 29 Korean Dinner: Korean Hamburg Steak

FRIDAY NIGHT

- 2 Steak and Lobster Tail (\$25)
- 9 Steak Wellington (\$25)
- 16 Steak and Crab Legs (\$25)
- 23 Prime Rib (\$20)
- 30 Steak and Shrimp (\$20)

SATURDAY NIGHT

(MONGOLIAN BBQ)

Saturday, 3, 10, 17 and 24 September.



■ Community Cultural Center • 263-3939

Ballet, Jazz, Piano and Ball Room Dance classes will begin soon. For registration, call 263-3939.

CLASSES

• Piano Lessons

Piano lessons are conducted Monday - Friday. Classes are instructed by Ms. Sekita, Ms. Ishii and Ms. Sako. The cost is ¥6,500 per month.

Violin Lessons

Violin lessons are held on Thursdays and instructed by Ms. Noda. The cost is ¥6,500 per month.

Koto Lessons

Koto lessons are offered each Tuesday and are instructed by Ms. Kawasaki. The cost is ¥8,000 for adults and ¥7,000 for children per month.

• Hula Dance Lessons

Hula dance lessons are held on Mondays and Thursdays and are instructed by Mr. Roger Pueblos. The



cost is \$50 per person or \$35 per person for more than one person from the same family.

FACILITY RESERVATIONS

Looking for a place to conduct your training sessions, ceremonies and briefings? The Community Cultural Center is the place. For more information, phone 263-3939.

RENTALS

The Community Cultural Center has sound equipment, costumes, tournament dart board games, and tournament chess game sets for rent.

Looking for that perfect costume for birthday parties, holidays, and other events? The Community Cultural Center is the place for you. We have over 300 costumes and wigs for your rental needs.

"See the Bugle for the advertisement".

Craft Open Class will be held 17 September, 10 am - noon and 2 - 4 pm. No fee, but you have to present a DA 3031 Qualification Card. Sign up to win a prize.

■ Arts and Crafts • 263-4412

Stop by to laser engrave a "Torii Gift" for your friends. We have also started engraving marble stone.

POTTERY CLASSES

We are setting up our new KILN, and we will be operational soon. Class schedules will be announced in the near future.

• "An Open Class for Pottery" will be held on 24 September, 10 am - noon and 2 - 4 pm. Free.

INSTRUCTORS NEEDED

The Arts and Crafts Center is looking for instructors to teach pottery, and various other arts and crafts. Please contact Mr. Nodera at 263-4412

WOODWORKING ORIENTATION

Thursday, 6 - 6:30 pm, and Saturday, 10 - 10:30 am. DA 3031 Qualification Card is issued after the safety orientation. No fee.

CUSTOM PICTURE FRAMING

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

THE CRAFTS STORE

The Crafts Store at the Arts and Crafts Center has many products for your crafts and fine arts needs. Choose from Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

PRINT SHOP

• Screen Printing and Heat Transfer Printing

We carry heavyweight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request. All orders completed on a first come, first served basis.

..... ARTS AND CRAFTS CLASSES

Framing Basic Advance & Refresher	Wednesday	6 - 8 pm Appointment only	\$10 plus materials \$10
Textile Arts	Thursday (1st, 2nd and 3rd)	5 - 7 pm	\$15
Washi Paper	Friday	2 - 4 pm	\$15 plus materials
		4 - 6 pm	\$15 plus materials
Ikebana	Thursday (1st, 2nd and 3rd)	2 pm	\$15 plus materials
Scrap Book Making	Saturday (two minimum registratio	n) 2 pm	\$10
Tole Painting	Thursday and 2nd and 4th Saturda (for beginning and intermediate fo	y 3 - 5 pm Ik painters)	\$15

All classes and orientations require registration in advance at the Arts and Crafts Center.



aafes.com.....OPEN ALL THE TIME!

"THE NEW LOOK AT ZAMA"

See first-hand the improvements we have made for you - look for "block-buster specials" throughout the store.

Friday and Saturday, 16 - 17 September (see our flyer and store signs for times)

- get a "free" hot dog from Snack Avenue from 1 2 pm on Friday and Saturday
- "free" nachos from Snack Avenue from 4:30 5:30 pm, Friday only
- "free" cappuccino and a donut from Snack Avenue, 7 8 am on Friday and 8 - 9 am Saturday
- there will be light snacks throughout the day on Saturday
- look for "Toyland Specials" at Four Seasons
- look for "Baby Week" specials

For further information, please phone 263-3775

THERE WILL BE "TWO" GRAND PRIZE DRAWINGS:

- Friday, 5 pm (JWIN DVD Recorder)
- Saturday, 3 pm (HCT 13" Color TV w/DVD)
 - "YOU MUST BE PRESENT TO WIN"



ichibei

Friendship Golf Tournament. Saturday, 8 September, 9:30 am, shotgun start. Cost is \$25 for SOFA status golfers plus green fees for non-members. Contact Ernie Harada at 263-4225 to sign up.

■ Camp Zama Golf Club · 263-4224

http://www.usarj.army.mil/information/mwr/business/golf/

TOMODACHI DAYS

Tomodachi Days in September are on Fridays the 2nd, 9th, and on Mondays the 12th and 26th. Up to three of your Japanese guests can play with you for the low fee of ¥4,000 plus cart fee. This is a significant savings over the regular rate of ¥10,000.

PAYDAY SCRAMBLE (FREE)

Friday, 30 September, shotgun start at noon. MWR is paying the \$15

entry fee and green fees for daily fee golfers.

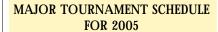
ATTENTION GHIN SUBSCRIBERS

Don't forget to renew your GHIN (Golf Handicap Information Network) annual dues of \$20.

NOTE

Looking for a locker to rent at the golf course? The annual fee is \$60 and lockers are now available. Sign up in the golf shop.

Please repair ball marks on the green. A ball mark repaired correctly heals in a few days. If it is not repaired, or is repaired incorrectly, it will be visible for weeks.



• Zama Open: 22 - 23 October





■ Zama Bowling Center • 263-4780

The Zama Bowling Center has unadvertised daily specials for bowling equipment; also ask about our discount bowling cards.

THIS MONTH'S SCHEDULE

- *King of the Hill Tournament* Sunday, 4 September, noon 5 pm.
- *Xtreme Bowling Party*Saturday, 24 September, 7 10 pm.
 Door prizes and free snacks.
- *No Tap Tournament* Sunday, 18 September, 11:30 am 2:30 pm.

SIGN UP FOR LEAGUE PLAY

Fall leagues are getting ready to start. Come to the Zama Bowling

Center and sign-up. Leagues are scheduled to start the last week in September or early October.

- Youth League
- Monday Night Intramural Mixed Handicap League (time TBD)
- Tuesday Night Friendship Mixed Handicap League (time TBD)
- Tuesday Night Scratch League
- Thursday Night Petersen Mixed Handicap League (time TBD)
- Friday Night Mixed League (time TBD)

TRAVEL LEAGUE

One Saturday each month starting in October:

- Youth Travel League (13 17 years old)
- Adult Travel League



"See the Bugle for the advertisement".

■ Outdoor Rec. & Local Tours • 263-4671 (Map location 31)

or dates, times, and more indepth information on all the tours listed below. check out our monthly getaway guide or please call the "Zama Local Tours" office. Our customer service will be happy to help you out!

September Tours



- Sumo Stable
- 3. Matsumoto Castle & Senkoji Temple
 - Sunday Brunch
 - & Labor Day Shopping 2005 Autobacs Super GT at Motegi
- Tokyo Disneyland/DisneySea
- **5** Aichi Exposition
 - Taisoji Temple Zen in Sugamo
- Seto Pottery Festival
- Oedo Evening Onsen Monogatari
- Kamogawa Sea World Baseball game in Yokohama
- **16** Horseback Archery Festival
- 17 Tsukiji Fish Market
 - Kanda Tranquility Tour
- 18 Moto GP World Championship
 - Oedo Anique Fair
 - Nikko Edo Mura
- 24 · Ueno Zoo & Park
- Fukuro Matsuri in Ikebukuro
- 25 . Yokohama Lunch Cruise & MM21 District

*Highlighted Tours are listed in bold.

SHOWER VALLEY WALK FOR BEGINNERS

Friday, 2 September

Depart: 4:30 am • Return: 9 pm Don't miss the last chance this year to explore one of the beautiful rivers in Tochigi Prefecture, Abukuma River! Unleash your inner-child as we view the gorgeous valley, swim with fish, climb and jump from the rocks. Limited to 14 participants, age 18 & up only.

Cost: \$105



SCUBA DIVING OPEN WATER LICENSE COURSE

Saturday-Sunday, 3-25 September *5-day program

Start: 7 am • Finish: 6 pm

(Times will vary)

Upon completion of this course, you will obtain a PADI Open Water Diver License. Once you become a certified diver, you can use the buddy system to explore wrecked ships and swim like a fish! Note: Basic swimming skills are required to participate in this course. Limited to 6 participants, age 18 & up only.

Cost: \$375



SUNDAY BRUNCH & LABOR DAY SHOPPING

Sunday, 4 September Depart: 9 am • Return: 5 pm On this tour, we will take you to Yokota Air Force Base, where you can enjoy a delicious Sunday Brunch at the Officer's Club! Afterwards, you will be able to take advantage of Labor Day Weekend sales while you do some major shopping at the Base Exchange.

Adults: \$27 • Youths (15-12): \$23 Youths (11-6): \$19 • Infants: \$12



*Icons shows the services/fees included in the cost.













TAISOJI TEMPLE ZEN **IN SUGAMO**

Monday, 5 September

Depart: 8 am • Return: 6 pm We will take you to the temporary Taisoji Temple where you will be provided the opportunity to experience this new trend with a well-respected American Zen preist, Jiho Sargent. Afterwards, enjoy a brief stroll through a Buddhist/Shinto cemetery before reaching a few other local temples, including the Kouganji Temple. Note: Limited to 15 adult participants only, ages 18 & up!

Adults: \$29



OEDO EVENING ONSEN MONOGATARI

Saturday, 10 September Depart: 4:30 pm

Return: 11:30 pm

Oedo Onsen Monogatari is an attraction resort offering a remarkable atmosphere as well as bathes believed to cure neuralgia, muscular rheumatism, arthritis, stiff or painful shoulders, bruises, and poor blood circulation. After changing, you can stroll through time down a reproduction of an Edo-style street littered with sushi and izakaya bars, souvenir and sweets shops. At the onsen you have the option of bathing indoors, outdoors or in the sauna. Also, there is the Ashiyu Onsen River for you to dip your feet in. Note: No tattoos are permitted in the facility. Adults: \$29 • Youths (11-4): \$25

Infants: \$15



Better Opportunity for Single Service Member

MEETINGS

- *All meetings are at 2 pm at the CCC...
- Tuesday, 13 September
- Tuesday, 27 September















■ Outdoor Rec. & Local Tours • 263-4671

(Map location 31)

PARAGLIDING & BIKING OVERNIGHT

Saturday-Sunday, 10-11 September

Depart: 5 am (Sat) Return: 7 pm (Sun)

Sign up by Friday, 26 August! There will be a paragliding introductory half-day class for our fist-timers, which will give you some tips about this ecological sport before you practice along the mountain-side. On another day, you will explore the eye pleasing countryside on bike. Also, we will be visiting a waterfall and enjoying a 40 minute riverside walk. Note: Paragliding may cancel in the event of inclement weather. Limited to adult participants, ages 18 & up only!

Cost: \$195 (Tatami Room)
• \$187 (Bunk Bed Room)









KANDA TRANQUILITY TOUR

Saturday, 17 September Depart: 12 pm • Return: 9 pm Underpass the Shinmon Gate to visit the Yasukuni Shrine, which is a beautiful sanctuary dedicated to thousands of war victims. Inside the sanctuary walls, you will find an elaborate Noh Theatre as well as sumo wrestling fields. Behind the shrine is a small garden said to be the most enchanting in autumn. It is home to both a fish pond filled with varicolored carp and the longest stone bridge in Tokyo. Next, we will take you to Kitanomura Park, the northern part of the Edo Castle. After free time in the area, our last stop will be the Kudan Kaidan Beer Gardens.

Adults: \$29 • Youths: \$19

Infants: \$9



SALT WATER FISHING MAHI MAHI!

Saturday, 17 September
Depart: 4 am • Return: 4 pm
Sign up by Friday, 2 September!
Join us and have fun fishing for Mahi
Mahi! If you need to rent a pole

(¥200) at the boathouse, please let the staff at Outdoor Recreation know when you sign up for this trip. You will not be able to purchase lures at the boathouse! Note: Lure Fishing Only! Limited to 13 participants, ages 12 & up only.

Adults/Youths: \$95



MT. CHASU HIKE

Saturday, 17 September Depart: 5 am • Return: 7 pm Mt. Chasu has a breath takingly gorgeous view. From the station, the trail will diverge in 2 ways from which you choose: an easy hiking trail that wraps around the mountain and ventures along the volcanic steam of the trail leading to the top where you can visit the creator of the rising steam. You can choose the cable car (5 minutes, ¥650) or opt for the trail (1.5 hours) descending to the parking lot. Note: For safety reasons, the cable car may be cancelled depending on the weather condition.

Adults: \$33 • Youths: \$25

Infants: \$15



NATIONAL PUBLIC LANDS DAY NATURE/BIRD WALK

Saturday, 24 September

Depart: 7:30 am • Return: 12 pm Have you ever been on the Zama Golf Course? We will take you for a walk on the new nature-orientated golf course. This is wonderful opportunity for non-golfers to enjoy the beauty of the course followed by a leisurely walk around Dewey Park. What an enjoyable day outside! Adults/Youths: \$5 • Infants: Free



SURFING LESSONS FOR BEGINNERS

Saturday, 24 September

Depart: 8:30 am • Return: 3:30 pm Sign up by Saturday, 17 September! Beginners Welcome! If you want to learn the art of riding a wave and experience the sensational feel of surfing, this is the tour for you! Designed as an introductory class for beginners, this course will walk through the basic steps of paddling to standing on the board on the sand first. Afterwards, you will learn how to surf on the sea! Note: Surfing is a sport. While most people will pick up on it quickly, there is no guarantee. Basic swimming skills required to participate in this tour. Limited to 6 participants, age 18 & up only. Cost: \$79 w/wetsuit • \$69 w/o wetsuit.

PET KENNELS VIPTREATMENT

The Pet Boarding Kennels caring staff will assure that your pets get special VIP treatment while you are on vacation, TDY or PCSing. Daily fees are \$15/dog kennel and \$10/cat kennel. Weekly & monthly fee are available. PCS status has priority. Call 263-5915 for more information

Camp & Wheels! Summer Special on Vans & Gear!



Weekend Package - \$125 Starts 4 pm, Friday & ends Sunday Night.

Weekday Package - \$105 Starts 10 am, Tuesday & ends 10 am, Thursday.

Both Packages Include:

- Van Rental Charges & Refueling
- 4-6 man Camping Tent
- 4 Sleeping Bags
- Battery/Propane Lantern
- Propane Stove
- Ice Chest/Beverage Cooler & Ice
- * Packages may not be used in conjunction with Holidays.

*Package price is only applicable towards dates and times listed above.

SP Class.

A TSP Class will be offered 28 September, 9 -11 am. Are you enrolled in TSP? Want more information to make a decision? Torii Station will hold a TSP briefing on 28 September in the ACS conference room, Building 236, from 9 - 11 am. Questions include: is TSP tax-exempt or tax deferred; how much can I contribute yearly; can I still invest in an IRA; how is the money invested; and can I choose where it's invested? Bring your questions and learn more about this exciting entitlement. Please call Patty Bellinger at 644-4378 to register.

■ Torii Station, Okinawa MWR Activities • 644-4270

ARMY COMMUNITY SERVICE, 644-4110

• Family Advocacy, 644-4106/4908 The Family Advocacy Program goal is to promote healthy families. In an effort to do this, Family Advocacy provides various services to enhance and improve family functioning. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for Torii Station for suspected child or spouse abuse is the Military Police at 644-4715.

• Exceptional Family Member Program, 644-4106

The Army Exceptional Family Member Program (EFMP) is designed to assist families and support command readiness. Enrollment in the EFMP helps to ensure that service members are stationed where their families' special needs can be met. Special needs are ongoing needs for medical treatment, psychological services and/or special education. The challenges of living with special needs have always been present, but the EFMP exists to address those issues in a responsible and compassionate way.

• Financial Readiness For First Termer's, 644-4378

This month's class will be held, 7

September, 9 am - 4 pm in the ACS Conference Room, Bldg. 236. Learn more about the principles of finance, planning and budgeting, banking and checking accounts, using credit wisely, insurance, savings and investing. Call 644-4378 to register.

• Family Subsistence Supplemental Allowance (FSSA), 644-4378

FSSA was created by Congress to address the problem of Service Members needing to use food stamps. If you are a lower enlisted Soldier with a large household, you could be eligible for this program.

• Consumer Affairs Program

This program was designed to help military families who have been treated unfairly. The unfair treatment may have occurred at the hands of an insurance agent, financial planner, sales personnel or others. If you fall into this category, please see the Financial Readiness Program Manager or call 644-4378 for assistance.

• Relocation Readiness Assistance Program 644-4385

The Relocation Program assists Soldiers and their family members with the stresses and problems they may encounter throughout their mobile military lifestyles. Relocation provides assistance to inbound and outbound individuals. Services include Newcomers Orientation, welcome packets, loan closet, sponsorship training and information about military installations worldwide.

• Welcome Packet

If you are new to Okinawa or are sponsoring a new Soldier or family, ACS has information that will help make any Soldiers' experience on Okinawa a more pleasant one. Please call ahead if more than 2 - 3 packets are needed.

• Loan Closet

ACS operates a Loan Closet for Soldiers, family members, and civilians in transition (incoming / outgoing). The items are loaned at no charge for up to 30 days. Extensions are granted if additional time is needed.

• Sponsorship Training

Learn to be an efficient and effective

TORII STATION

NEWCOMER'S ORIENTATION

(Installation and local community information).

Tuesday, 6 September, 8:30 am - noon, ACS Conference Room

This briefing is mandatory for all Soldiers and civilians new to Okinawa. Spouses are welcome and encouraged to attend.

Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am; a continental breakfast will be provided. sponsor to enhance the next newcomer's relocation experience. This training is mandatory for all Soldiers and civilians who will be tasked to be a sponsor. Training can be conducted as an individual or a group session, as needed by the units. Call 644-4385 to make arrangements.

• Army Family Team Building, 644-4743

AFTB Level 1 Course will be offered 20 - 21 September, in Building 236. Army spouses!! Learn about Army life and how to maneuver through daily challenges by discovering how to decipher Army acronyms, utilize community resources, attain better financial readiness and understand the goal and impact of the Army mission. It is also a fun way to learn and make new friends. AFTB also offers many fun and exciting volunteer opportunities. Call or stop by ACS, Bldg. 236, to find out more about Army Family Team Building and how you can get involved!

• English Language Class

Improve your English language skills by attending ESL classes at ACS. Classes will be held throughout September, October and November. Our beginner class will be held on Wednesdays from 9:30 - 11:30 am. A more advanced class will be held on Thursdays from 9:30 - 11:30 am. Please call 644-4743 to register. This is a relaxed and fun environment to practice English language skills while making new friends. Workbooks will be provided to students at NO COST!

• Employment Assistance

ACS provides assistance with resume writing and interviewing skills. ACS also provides a listing of jobs that are available on Okinawa. For more information, call 644-4116

• Deployment Packets

ACS offers deployment packets to spouses of deployed Soldiers. The packets are filled with information that can help you deal with deployment and reunion issues. ACS also has coloring books and letter writing kits for the children. For more information, call 644-4116.

SPORTS, 644-4334

• Army Okinawa Payday Golf Scramble

Monday, 12 September, 8 am, at the Banyan Tree Golf Course at Kadena. Check in:

7:15 - 7:45 am (Please check in early to avoid delays)
Team Composition:

3 or 4 person teams Entry deadline:

The Torii Physical Fitness Center, Bldg 275, must receive all entries NLT COB 10 days before the event (2 September).

Tournament fees:

E-4 and below: \$24 E-5 and above: \$27.50 MLC/IHA Employees: \$51/¥5,100

LN Guests: \$98/¥9,800.

Tournament fees are waived for all Army SOFA Status participants provided they meet entry deadline requirements (entry deadline, signature, ID check).

The September Army Golf program is being offered FREE to all Army SOFA status patrons. Army

Okinawa invites you to participate in our monthly Payday Golf Scramble. Come join us for a morning of recreational golfing at Kadena's Banyan Tree Golf Course. The Payday Golf Scramble is an excellent social event, designed to further encourage participation in the game of golf. Sign up at the Torii Physical Fitness Center, Bldg 275.

• Swimming Pool, 644-4334 HOURS OF OPERATION:

Thursday - Monday: 10 am - 7 pm Tuesday - Wednesday: CLOSED The Torii Station swimming pool is the perfect place to cool off on those hot summer days. With a water slide, lap swim, free swim, and a baby pool, it has something for everyone.

The final day for the swimming pool operation is Labor Day, 5 September; however, we will continue to support unit training. Inquire at the Torii Physical Fitness Center for more information concerning the use of the Torii swimming pool for training purposes.

AUTO CRAFT CENTER, 644-5612

HOURS OF OPERATION:

Tue and Wed, CLOSED Thu, Fri, Mon, 11 am - 8 pm



■ Torii Station, Okinawa MWR Activities • 644-4270

Sat and Sun, 9 am - 6 pm PLEASE NOTE:

Clean up starts a half hour before closing.

• Safety Orientation:

DA 3031-1 Qualifications Card for use of auto crafts is issued after a safety orientation given every day. This briefing is required before facility use. Your auto problems can be resolved with the help of our professionally trained mechanics. You won't find a better price anywhere on the island. Let our staff get you ready for your inspection. We can't do the inspection but we can prepare you for the inspection.

• Film service

It protects against UV rays. It is necessary to reserve it. You can enjoy a comfortable drive in the summer in hot Okinawa.

There is a difference in the price according to the model. Please ask the staff for more details.

• Parking service

Going TDY? Need "long-term parking service"?

ONE TIME! \$20 (TDY order is required).

Protect your car from a typhoon or bad weather.

Make a reservation today! Please ask the auto shop staff for details.

Indoor Typhoon parking

Car \$10, motorcycle \$5

Outdoor, 5 days parking: \$20 Indoor, 1 night parking: \$10

CORAL COVE CLUB, 644-4017

• All you can eat Pasta Bar

Every Tuesday, 4 pm - 10 pm, only \$6.95 in the Seaview Lounge at the Coral Cove Community Club. Two kinds of pasta, marinara and alfredo sauces, a selection of meats and vegetables, garlic bread and a glass of wine.

Sunday Breakfast

The buffet includes all of your breakfast favorites and an omelet station for only \$6.95. Children under 12: \$3.95 and children under 5 eat free

OUTDOOR RECREATION, 644-4698

• Torii Beach Cabin, 644-4290 (Reservation)

Each cabin will sleep one to six people (max 4 adults), and will be available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, television, DVD player and BBQ grill. Visit Torii Scuba Locker to check in/out. Check in time is 3 - 5 pm, Thursday - Monday. Check out time is 11 am. \$50 per night.

Camp out in the Torii Beach camping area:

\$5/lot with grill, South camping area

(for the family use.)

• Sea turtle's eggs

The sea turtles come to the beach to lay eggs from May through September. Please contact the manager who monitors these turtle migrations at 644-4698 or 090-7382-8029 (Mr. Nao Kochi).

FREE MOVIES

Torii Station free movies are showing at the Coral Cove Club. Look for schedules in the "Island Market" and "This Week on Okinawa".

ARTS AND CRAFTS CENTER, 644-4303

Mon, Thu and Friday: noon - 8 pm Sat and Sun: 9 am - 5 pm Tue, Wed and Holidays: Closed

Classes and Services

Framing and matting classes are available for all military patrons and family members. The wood working and ceramics departments are also available for your use.

LIBRARY, 644-4468

Enjoy the best DVD collection on Okinawa! Lots of brand new adult and children's books are also available. Hours are Tuesday through Saturday, 10 am - 7 pm. The library is located in Bldg. 248 across from the Education Center.

SCUBA LOCKER, 644-4290

We are now open extended hours on weekends; Saturday and Sunday 8 am - 6 pm, Monday, Thursday and Friday, 10 am - 6 pm. Don't miss the opportunity of a lifetime...Dive with a Whale Shark! The water is warming up so hurry and sign up for a dive class. We have a seasoned qualified staff and offer everything from refreshers to instructor level training. A limited time special offer from ScubaPro: you can receive \$150 back if you take a continuing education course and purchase a new top of the line equipment. Visit the Scuba Locker for details. Did you know that the Scuba Locker offers free air fills to all ID card holders?



■ Auto Craft Shop • 263-3615

HOURS OF OPERATION:

Monday and Tuesday - CLOSED Wednesday - Friday 1 - 9 pm Saturday – Sunday 10 am - 6 pm

PLEASE NOTE:

- Wednesday Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the Auto Craft Shop is issued after a safety orientation given every day 15 minutes after opening and again at 5 pm on weekdays. Weekend safety orientation is given 15 minutes after opening and again at 2 pm. This briefing is required before facility use.

CLASSES / LIFETIME SPORTS AND RECREATION PROGRAM

- Ladies Day, 14 and 21 September, 1 - 9 pm.
- Mechanics Club, 14 September, 4:30 pm. Join us at Zama Auto Crafts to learn how to repair just about anything. If it has wheels and an engine we will work together to fix it as a group. This is an excellent opportunity to learn how things work, troubleshooting, and the use of a variety of tools.

PROFESSIONAL SERVICES

Fuel Injection Cleaning Service: \$59.95

Cleans fuel system and injectors for easier starts (especially cold weather), better engine performance and helps improve gas mileage.

Oil System Cleaning Service: \$59.95 Cleans engine oils system. Helps remove the sludge built up in engines that have not had frequent oil changes. Also helps eliminate noisy lifters, Environmentally safe (oil & filter extra).

Call for appointment, 263-3615

SERVICES

• Used Vehicle Courtesy Inspection We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

• Used car referral service.

New to Camp Zama or PCS'ing and need to buy or sell a car? Stop by your Camp Zama Auto Crafts and let us help you. We will list your vehicle for sale on our referral list. All vehicles must be registered to qualify for this free service.

CAR WASHES

Auto Crafts has three car wash locations: Camp Zama, Sagamihara Housing and Sagami General Depot.

All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively. At Sagamihara Housing Area, the car wash is located behind the Sagamihara Gym Annex, Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama, at the Auto Crafts Shop, Bldg. #621; open seven days a week, Monday and Tuesday 8 am - 4:45 pm, Wednesday through Friday 8 am - 8:45 pm and Saturday and Sunday 10 am - 5:45 pm.

• Prepaid cards for the car washes are on sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing!! Ask Auto Craft Shop personnel for more information.



- Windshield Chip and Crack Repair. Prices start at \$30. Stop by for your appointment and estimate.
- Harley Davidson Products.

On sale now at your Camp Zama Auto Crafts Shop.



■ Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE RECREATION Army Community S	263-7611	■ SAGAMI LOUNGE Take Out Lunch Mon-Fri	268-4954 268-4142 1100-1300	(All the following CDC facil Central Registratio Mon-Fri		263-4743
Army Community 3	ci vices brancii	Dinner Tue-Sat	1700-2000	Depot Dev Group I		268-4625
■ Army Community Servi		Lounge/Game Room Tue-Thu	1100-2200	Mon-Fri	0830-1	
Mon, Tue, Thu, Fi Wed	0700-1700 0700-1500	Fri	1100-2400	Sagamihara CDC Mon-Fri	0530-1	267-6564
		Sat	1630-2300	Zama CDC	0330 1	263-4992
ZAMA Gol	Club	Open during lunch	n	Mon-Fri	0530-1	800
Director of Golf	263-4224	Community Recrea	tion Division	■ YOUTH SERVICES Depot Youth Cente	r	268-4625
Administrative Office				Zama Youth Center		263-4500
(All the following golf activities Course/Starter	s are open auring lunch). 263-4975	■ ADMINISTRATIVE OFFI ■ ARTS & CRAFTS CENTI		Mon-Thu Fri	1430-2 1430-2	
Mon-Fri	0700-1700	Mon-Tue	Closed	Sat	1200-2	
Weekends & US	/ Japanese Holidays 0600-1700	Wed-Thu	1300-2100	Sun	1400-1	
Restaurant	263-7665	Fri, Sat & Sun Open during lunch	1000-1800 h	School Age Service Mon-Fri	s (SHA) 0630-1	267-6317
Mon, Tue, Thu, F		■ AUTO CRAFTS SHOP	263-3615	Youth Sports	0030-1	263-5437
Wed	0630-1800 / Japanese Holidays	Mon-Tue	Closed	Mon-Sat	0900-1	800
Weekends & US	0530-1700	Wed-Fri Sat-Sun	1300-2100 1000-1800	Open during l	unch	
Pro Shop	263-5284	■ COMMUNITY CULTURA				
Mon-Fri	0645-1700	Mon-Fri	0900-2045	■ ADMINISTRATIVE C	FFICE	263-5962
Weekends & US	/ Japanese Holidays 0545-1700	Sat, Sun & Hol	Closed	Zama Lodgir	20	
Driving Range	Unattended	Open during lunc		Zailia Lougii	ıy	
Wed - Sat Mon	Sunrise-2200 Sunrise-1930	Mon-Fri	1000-1800	■ ADMINISTRATIVE O	FFICE	263-3293
Tuesday	1000-2200	Open during lunch	h	Reservation Desk Front Desk		263-2775 263-3830
Sun	1600-2200	Zama	263-3517	Open 24 hours/	7 davs a week	
Chip Inn & Snack Sta		Mon-Thu	1000-2030			
Mon-Fri Weekends & Hol	0800-1600 0700-1500	Fri- Sun & Hol	1000-1800	USAG-J Ok	nawa MWR	?
		Open during lunch Depot	n 268-4523	■ MWR OFFICE		644-5396
Community Opera	itions Division	Tue-Thu	1000-1800	■ ARMY COMMUNITY	SERVICE	
■ ADMINISTRATIVE OFF	FICE 263-4452	Fri & Sat	0900-1700	Director		644-4110
	263-5614	Sun, Mon Open during lunc	Closed h	Receptionist Relocation Coordin	ator	644-4175 644-4385
■ BOWLING CENTER Z		Sagamihara	267-6603	Outreach/Volunteer		
Mon-Wed, Sat-Su Thu & Fri	1100-2200 1100-2230	Tue-Thu	1000-1900	Finance/Consumer		644-4378
Holidays	Closed	Fri-Sat Sun, Mon & Hol	0900-1800 Closed	School Liaison Office Family Advocacy	:er	644-4908 644-4106
■ BOWLING CENTER DE		Closed for lunch	1400-1500	AF TB / AFAP Mana		644-4743
Tue - Sat Sun - Mon	1100-2000 Closed	■ OUTDOOR RECREATIO		■ ARTS & CRAFT CEN	ITER	644-4303
■ ZAMA COMMUNITY C		US Holidays Vehicle Rental/Equipm	Closed ent Rental	Lobby CORAL COVE COM	MUNITY CL	644-4706 UB
Lunch	1045 1215	Mon-Fri	0900-1730	Business Manager		644-4894
Tue-Thu Sunday Brunch	1045-1315 1000-1330	Sat-Sun	0800-1600	Lounge		644-4306
Cashier & Game Roo		Open during lunch Local Tours	n 263-4671	Cashier Cage Kitchen		644-4426 644-4505
Sun-Thu	1000-2300	Mon-Fri	0900-1730	■ LIBRARY		644-4468
Fri Sat	1000-0230 1000-0330	Open during lunc		Staff Room		644-5335
Catering	263-4204	Animal Boarding Kenn Mon-Fri	nels 263-5915 1000-1700	■ MARKETING Commercial Sponso	orshin	644-4703 644-4495
Tue, Thu & Fri		Sat-Sun	1000-1600	Graphic/Illustration		644-4665
Wed Café Roberto	Appts Only	Closed for lunch	1230-1330	■ MOVIE THEATER	DEC	644-4381
Tue-Thu & Sun	1100-2200	■ POOLS YANO	263-5656 263-5037	■ SPORTS/OUTDOOR Customer Svc/Pavil		644-4144 644-4334
Fri	1100-0100	Mon-Fri	0600-1800	Sports Specialist		644-4797
Sat Cornerstone Game Ro	1100-0100 nom (no bar)	Sat-Sun, Holidays		Event Coordinator		644-4169
Tue-Thu & Sun	1000-2300	SHA (Summer) Mon-Tue & Fri	267-6122 1200-1800	Swimming Pool Scuba Locker		644-4389 644-4795
Fri	1000-0330	Sat-Sun	1100-1800	Retail Sales		644-4290
Sat Eda's Seafood & Filet	1000-0230	Wed-Thu	Closed	Equipment Issue		644-4263
Thu & Sun	1700-2100	DEPOT (Summer) Wed-Sat	268-4840 1200-1800	Parks, Picnic & Bea	ch	644-4698
Fri & Sat	1700-2200	Sun-Tue	Closed	Kure Har	bor Club	
Firelite Lounge Sun, Tue-Thu	1630 2300	■ SPORTS/FITNESS CENT				
Fri	1630-2300 1630-0330	Zama Mon-Fri	0530-2030	■ MWR Office	0800-1630	256-2580 256-2581
Sat	1900-0230	Sat-Sun, Holidays		■ Outdoor Recreation	0900/1700	
USA Dining Room Tue, Thu & Sun	1700-2100	Sagamihara	267-6762	■ Dining Room		
Wed	Closed	Mon-Sun Depot	Open 24 hrs 268-4729	Mon-Fri (Breakfast) Mon-Fri (Lunch)	0700-0830 1130-1300	
Fri-Sat	1700-2200	Mon-Fri	1100-2000	Tue-Sat (Dinner)	1630-2000	
HOB NOB INN	267-6097	Sat-Sun	1000-1800	■ Bar		
Lounge & Game Room Mon, Tue- Thu	n 1630 - 2100	Holiday	1000-1800	Mon Tue-Sat	1630-2000 1630-2200	
Wed	1630 - 2300	Child and Youth Ser	vices Branch	■ PX / CLASS 6	1030-2200	
Fri, Sat	1630 - 0100			Mon-Fri	0900-1730	
Sat Sun	1900 - 0100 Closed	■ ADMINISTRATIVE OFFI ■ Child & YS Coordinator		Sat	1130-1530	
Restaurant (Closed)		- Cinia & 12 Containator	£UJ-8U80	I		



2005 CLUB CHAMPIONSHIP September 3rd - 5th (Sat - Mon)

(TEETIMES STARTING AT 0630 HOURS) CHECK-IN 30 MINUTES PRIOR!

DOD DIVISION - ZAMA MEMBERS WITH A CURRENT USGA HANDICAP FROM CAMP ZAMA AND RECENT ARRIVALS WITH A CURRENT USGA HANDICAP. OTHER DIVISION - ANY GOLFER WITH A CURRENT USGA HANDICAP FROM CAMP ZAMA (HANDICAP INDEXES AS OF 1 AUGUST WILL BE USED).

INDIVIDUAL STROKE PLAY – FLIGHTED EVENT DOD DIVISION - 54 HOLES OTHER DIVISION - 36 HOLES (SAT-SUN)

FLIGHTS DETERMINED AFTER ENTRIES ARE RECEIVED. GIFT CERTIFICATES AWARDED FOR LOW NET WINNERS IN EACH FLIGHT, PLUS A TROPHY FOR THE LOW GROSS WINNER IN EACH DIVISION.

- \$60.00 ZAMA CLUB MEMBERS
- ¥11,000 JGSDF (STATIONED AT ZAMA) ¥15,000 MLC/IHA/HPT (WORKING FOR USARJ)
- ¥23,000 GUESTS

(INCLUDES CARTS, DOOR PRIZES AND BUFFET LUNCHEON ON SUNDAY (DOD DIVISION AWARDS AND DELI BUFFET ON MONDAY)

CONTACT DALE JORGENSON, DIRECTOR OF GOLF AT 263-4224 OR E-MAIL Dale.Jorgenson@zama.army.mil

DEADLINE FOR SIGNUP IS TUESDAY, AUGUST 30TH, AT 1700 HOURS. FIELD IS LIMITED TO 60 PLAYERS PER DIVISION.



HANKS TO OUR SPONSORS FOR SUPPORTING THIS EVEN

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AT THE COMMUNITY CULTURAL CENTER



55 VENDORS

ANTIQUES, KOREAN & CHINESE ROSEWOOD FURNITURE, TOYS, KIMONOS, ELECTRONIC GOODS, JEWELRY, ARTS & PICTURES, HONG KONG LINENS & WEAR,

Saturday 3 SEP '05

9 AM - 5 PM

Sunday 4 SEP '05 9 AM - 4 PM

CALL 263-4780